



Discover Secrets to Joy in Any Circumstance

It all started with a promise... a promise I had no idea how to keep.

It had been a long, hard battle of good vs evil - 55 rounds of chemo, countless medical procedures and mishaps, tumors throughout his body, a bone marrow transplant. Jenson Aaron (age 3) endured more in his short life than most people encounter in a lifetime.

Despite it all, this remarkable little boy lived with joy. He started the day with a smile. He let his eyes sparkle. He held onto good.

But nothing could stop the powerful disease eating away at his body. And then came the news every parent dreads: your child is going to die.

His final days, I locked eyes with Jenson and made him a promise:

"Mommy will be ok. I will figure out how to live joyfully like Jenson."

It's a promise I had no idea how to keep. A promise to find joy in devastating pain. A promise to live joyfully regardless of circumstances. **How is this possible?**

I realized Jenson had been teaching me all along. And that the lessons could not only help me find joy in the darkest of days but help others choose joy too.

The day after Jenson's funeral, my friend Linda and I started capturing Jenson's secrets to living with joy with the hope to share his wisdom with the world. May these secrets from a little teacher with big joy inspire you to choose joy.

"Thank you for sharing your story Kristin. I will never forget it."

-- Julia (event attendee)

"I'm simply amazed at how Kristin has turned her tragedy into opportunities to bless others and has chosen and determined to live a life full of joy and purpose. Her story and life deeply inspired every person in that room!"

-- Lauren (event attendee)



Kristin Aaron is an inspirational speaker, writer, and leader with a passion for inspiring growth.

